

## How to Schedule LogistiCare (Medicaid Transportation)

Create a profile over the phone at 1 (866) 269-5927. This takes a few minutes and must be done **BEFORE** you can start scheduling rides.

Call 1 (866) 269-5927 to schedule your ride **TWO (2) BUSINESS DAYS** before your scheduled doctor's appointment. This does not include the weekend. For example, if your appointment is on Wednesday, schedule it no later than Monday of the same week. If your appointment is on Monday, schedule it no later than Thursday the week before.

When you call, they will ask for your Medicaid number located on your MO HealthNet (Medicaid) card. They will also want to know the name of the doctor and the address of your appointment. Sometimes, they ask for the phone number of the clinic as well. They will need to know the address of where you will be picked up from. They will want this information every time. A \$2.00 copay is requested but not required. If you cannot pay, you may decline this and you can still schedule the ride.

You have the option to either schedule a return ride during your call (to be picked up at a time of your choosing) or you may schedule a "will call" where you'll be given the number to reach your driver when you are done. Some people prefer to schedule the return ride in advance so they know more precisely when their return ride will arrive. Others know that their doctor's clinic can sometimes run behind, so they prefer to call their ride following their appointment and wait for their ride. Either option is fine. Know that if you schedule a return ride in advance and your doctor runs behind, the driver likely may not wait and you may have to schedule a "will call" anyway, though either option is fine per your preference.

When your ride is scheduled, they will provide you with an order number and likely a phone number. **WRITE BOTH OF THESE NUMBERS DOWN** and bring them with you to your appointment just in case. You'll need this information to make changes to your ride order, to request your return ride, or if you need to call back with any questions.

**What if I forget to schedule my ride two (2) business days in advance?** Sometimes Logisticare is still able to schedule a ride with less than two (2) business day notice under emergency circumstances, but only if they have drivers available. If this happens, you should call Logisticare and try to schedule a ride **before** scheduling your doctor's appointment. If Logisticare has a driver available, usually they still require **YOU** calling your doctor's office to request clinic staff to call LogistiCare and advocate for you to receive transportation. If this option is not available or you're uncertain what to do, you may need to call Team B for assistance or the doctor's office to reschedule. *Do **NOT** rely on this exception to schedule your appointments.*

**My Medicaid (DCN) number is:** \_\_\_\_\_

**My address is:** \_\_\_\_\_

**My Doctor's Contact information is:**

Doctor 1: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Doctor 2: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Doctor 1: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

**When should I schedule my ride?**

Two (2) business days BEFORE your appointment. This does NOT include weekends or holidays. See the guides below.

If my appointment is...

**MONDAY** - I need to schedule my ride by **THURSDAY** the week before.

**TUESDAY** – I need to schedule my ride by **FRIDAY** the week before.

**WEDNESDAY** – I need to schedule my ride by **MONDAY** of the same week.

**THURSDAY** – I need to schedule my ride by **TUESDAY** of the same week.

**FRIDAY** – I need to schedule my appointment **WEDNESDAY** of the same week.

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Schedule Wednesday Appointment Ride	Schedule Thursday Appointment Ride	Schedule Friday Appointment Ride	Schedule Monday Appointment Ride	Schedule Tuesday Appointment Ride

**St. Louis Area Agency on Aging (SLAAA)  
Reduced Fare Bus Pass Program  
1520 Market Street, 1<sup>st</sup> Floor Conference Room  
St. Louis, MO 63103**

For more information call **(314) 612-5918**

**Reduced Fare for Senior Citizens (ages 65 & Older) and Individual with Disabilities (ages 18-64):**

- Saint Louis City Resident
- Metro Transit Senior Reduced Fare, Fixed Route, or ADA Paratransit Reduced Fare Permit
- \$25.00 Reduced Fare for Monthly Bus Pass (Money order/Exact Cash **ONLY**)

**NOVEMBER 2019 Bus Pass (8:00 am-10:00 am)**

Thursday October 31, 2019

Monday November 4, 2019

**FEBRUARY 2019 Bus Pass (8:00 am-10:00 am)**

Wednesday November 27, 2019

Monday December 2, 2019

**INCLEMENT WEATHER OR OFFICE CLOSING CALL (314) 612-5918**

\*If you need a Metro Transit Fixed Route, Metro Transit Senior or ADA Permit please contact:  
METRO TRANSIT ST. LOUIS

**We reserve the right to refuse service.**

\*Availability of passes is based on current funding levels.

**Other agencies participating with the Reduced Fare Program:**

Five Star Senior Center 2832 Arsenal St. STL, MO 63118 (314) 664-1008 (Thursday & Friday)

Grace Hill Patch Senior Center 7925 Minnesota Ave STL, MO 63111 (314) 584-6964

Southside Wellness Senior Center 3017 Park Ave STL, MO 63104 (314) 664-5024

Wesley House Senior Center 4507 Lee Ave STL, MO 63115 (314) 385-1000

## **Free or Low Cost Transportation Resources**

### **Rides-Individual and Community Resources**

Natural supports – Family members, friends and neighbors (See Appendix 1 for tips)

Program specific

- Often churches, activity centers, educational, institutions, etc. provide transportation to access their services or can coordinate a car pool...ask.

Metro System ([www.metrostlouis.org](http://www.metrostlouis.org))

- Travel training program for individuals with disabilities (314) 982-1554
- Gateway Go Card for 13-25 year olds, half price rides. Card is available at MetroStore (801 Pine Street) and Metro Transit Access Center (317 DeBaliviere Avenue)

Metro Call-A-Ride (314) 982-1510

OATS Transportation Services (314) 888-6720 or (800) 201-6287

Non-emergency medical Transportation/NEMT/LogistiCare/Medicaid Transportation

- Must call at least two (2) business days in advance for rides to Medicaid covered appointments
- Create a profile over the phone (866) 269-5927 before scheduling a ride
- Missouri Care (800) 322-6027
- Home State Health (855) 694-HOME (4663)
- United Healthcare Community Plan (866) 292-0359
- See appendix 2 and Appendix 3 for coverage details

Ferguson Jolly Trolley

- Provides free transportation to residents of Ferguson who are seniors or have a disability. Make reservations one (1) day in advance by calling the Ferguson Recreation Department (314) 521-4661

Emergency Assistance Ministry I T.E.A.M. (314) 831-0879

- Services zip codes: 63031, 63032, 63033, 63044, 63042

Ride Finders ([www.ridefinders.org](http://www.ridefinders.org)) (800) 847-7433

- Work carpools

Uber – Must download the app on Google Play or the Apple Store

Lyft (800) 227-2345

### **Rides – Agency Resources**

Agency Van

Bust ticket grants

Gas Vouchers

Cab Vouchers

## Alternative Mobility

Lime Bikes/Lime Scooters **(888) 546-3345**

- Subsidized rides available to low income individuals. \$100 Lime Bike credit for a \$5.00 monthly subscription

## Other Transportation/Accessibility Needs

- Chafee Program (Children's Division) – Contact local CD office for details. Open to youth 16-21 who are in children's division custody or who left children's division custody after age 17.5 and who are not yet 21. May qualify for driving lessons and/or limited funds toward car repairs. Children's Services Phone: **(314) 877-2300**
- Ways to Work (Provident Behavioral Health) Provides small loans that may be used for child care, car repairs a mortgage payment or toward the purchase of a used care. **(314) 533-8200**
- Wheels for Success – Provides safe and reliable automobiles to low income families **(636) 940-8027**

## Senior Services

- City Seniors –transportation for shopping or doctor appointments arranged in advance **(314) 352-0141**
- County Older Resident Program – Neighbor driving Neighbor program utilizes volunteers to drive seniors living in the count to medical appointments NO CHARGE. Need 3-4 days advance notice **(314) 615-4516**
- Five Star Senior Center – transportation to and from doctor appointments if arranged ahead of time, within city limits and fall within the 8:00 am – 3:00 pm hours **(314) 664-1008**
- F.L.E.R.T. Bus (Florissant) – Provides free transportation to Florissant residents (valid ID required) over 60 **(314) 839-1776**
- St. Louis Activity Center – transportation to and from doctor appointments with advanced notice **(314) 645-3477**
- St. Louis Area Agency on Aging – Will help coordinate transportation with community centers. **(314) 612-5918**

## Physical Health

Organizations that support people with certain medical conditions often offer transportation or can link patients to transportation resources. Seek local, regional and nation non-profits, and support groups for specific medical issues. For example, the American Cancer Society partners with ride share companies to provide free transportation to and from cancer treatment.

Person with a physical disability may qualify for Consumer Directed Services, which include a Personal Care Assistant (PCA) who can provide transportation. A PCA is compensated by Medicaid for their support services and can be a person's family member. Services can be initiated through and screening at Paraquad at **(314) 289-4200** or through a Home Health Agency such as Pyramid **(800) 880-6565**.

## St. Louis Area Transportation

### Older Adults and/or Disabled

#### **Bevo Area Community Improvement Corp.**

(314) 352-0141  
4705 Ridgewood Ave  
St. Louis, MO 63116

**Hours of Operation:** 8:00 am – 3:00 pm Mon-Fri  
**Fees:** A donation of \$1.50 each way is encouraged  
**Description of Services:** Offered to area residents. Operates South of Cippewa, West of Grand to Holly Hills and West of Morgan Ford.

#### **Brentwood M.A.G.I.C. Bus (Mature Adults Going In Class)**

(314) 968-8689 ext. 4  
[www.brentwoodmo.org](http://www.brentwoodmo.org)

**Hours of Operation:** 8:00 am – 3:30 pm Mon-Thurs  
**Fees:** None  
**Description of Services:** Open to any Brentwood resident age 55+ or to persons with a disability.

#### **Bridgeton Community Center**

(314) 739-5599  
[www.bridgetonmo.com](http://www.bridgetonmo.com)

**Hours of Operation:** 8:00 am – 2:30 pm Mon-Fri  
**Fees:** None  
**Description of Services:** Bridgeton residents 60+ or receive Social Security or Disability. Trip must be within Bridgeton. No charge to Bridgeton residents. Curb to Curb, Door to Door service.

#### **County Older Resident Programs (CORPS)**

(314) 615-4516  
[www.co.st-louis.mo.us](http://www.co.st-louis.mo.us)

**Hours of Operation:** 8:00 am – 5:00 pm Mon-Fri  
**Description of Services:** Volunteer drivers use their own vehicles to transport older adults (60+) living in St. Louis County to and from medical appointments and other high priority destinations. Call 3-5 days in advance.

#### **The Heights (Maplewood/Richmond Heights)**

(314) 781-1624 or (314) 655-3667 (to request service)  
[www.richmondheights.org](http://www.richmondheights.org)

**Hours of Operation:** 8:00 am – 3:00 pm Mon-Fri  
**Fees:** None  
**Description of Services:** Travels within Maplewood and Richmond Heights except for some medical trips within a three (3) mile radius. Curb to Curb service.

### **OATS**

#### **(Organized Alternative Transportation Service)**

(314) 894-1701  
[www.oatstransit.org](http://www.oatstransit.org)

**Hours of Operation:** 5:30 am – 6:00 pm Mon-Fri  
**Fees:** Suggested donation of \$1.00 each way in the same zip code or \$2.50 each way across zip codes.  
**Description of Services:** Serves seniors 60+

#### **F.L.E.R.T Bus (Florissant Local Elderly Resident Transportation)**

(314) 839-1776  
[www.florissantmo.com](http://www.florissantmo.com)

**Hours of Operation:** 8:00 am – 3:30 pm Mon-Fri and 8:30 am – 1:30 pm Saturdays  
8:30 am – 1:30 pm Sundays for rides to religious services  
**Fees:** None  
**Description of Services:** Florissant residents 60+ with Golden Age pass. Disabled under 60 must get a pass and permission to ride. Door to Door services provided. Call 3-5 days in advance.

#### **Metro Call-A-Ride**

(314) 652-3617  
[www.metrostlouis.org](http://www.metrostlouis.org)

**Hours of Operation:** 4:15 am – 11:15 pm Mon-Fri  
6:15 am – 9:15 pm Sat & Sun  
**Fees:** Vary  
**Description of Services:** Provides curb to curb service in ST. Louis City and County for the elderly and disabled with advanced reservations. Must have a Call-A-Ride Plus card

#### **St. Louis Area Agency on Aging (SLAAA)**

(314) 612-5918  
[www.stlouis.missouri.org/government/hslaa.html](http://www.stlouis.missouri.org/government/hslaa.html)

**Hours of Operation:** Dependent on request  
**Fees:** Contribution requested  
**Description of Services:** SLAAA offers curb to curb services for residents of St. Louis City who are 60+ or disabled between the ages of 18-59 years old.

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### Veterans

#### **Disabled American Veterans**

(314) 289-6443  
[www.dav.org](http://www.dav.org)

**Hours of Operation:** 7:00 am – 2:30 pm  
**Fees:** None  
**Description of Services:** Transportation service for veterans.

## Medical Transportation

### **United Way Information & Referral**

**Dial 211 or (800) 427-2626**

For critical health and human services, everyday needs and in time of crisis. 24-hour, seven-days-a-week availability. When appropriate, 2-1-1 specialists can connect callers directly with a service provider, eliminating the need to make another telephone call.

### **American Cancer Society “Road to Recovery”**

(800) 227-2345

[www.cancer.org](http://www.cancer.org)

**Hours of operation:** dependent on appointment

**Fees:** None

**Description of Services:** Offers transportation to and from cancer treatment and doctor’s appointments. Must call to schedule 3-5 days in advance.

### **Express Medical Transporters Inc.**

(314) 781-6400

<http://rideemt.com>

**Hours of operation:** 24 Hours

**Fees:** Vary depending on mileage. Free for person with United Health Care insurance.

**Description of Services:** Provides transportation for anyone, medical or non-medical. Transports homeless children to schools in St. Louis.

### **Gateway Ambulance**

(314) 351-4200

**Hours of operation:** 24 hours

**Fees:** Vary

**Description of Services:** Emergency and non-emergency ambulatory transportation.

### **Medical Transportation Management, Inc.**

(636) 561-5686

**Hours of operation:** 9:00 am – 5:00 pm Mon-Fri

**Fees:** Must be Medicaid eligible to qualify for MTM services.

**Description of Services:** Offers non-emergency medical transportation for older adults, disabled, underserved population enrolled in state and county government programs. Medicaid and Medicare + Choice Managed Care Organizations

### **Peregrine Society**

(314) 781-0228

[www.peregrinesoc.org](http://www.peregrinesoc.org)

**Hours of operation:** Dependent on appointment Mon-Fri

**Description of Services:** Provides free transportation to and from cancer treatment appointments. Must call to schedule at least 2 days in advance.

## Public Transportation

### **MetroBus and MetroLink**

(314) 231-2345

[www.metrostlouis.org](http://www.metrostlouis.org)

**Hours of operation:** Schedules on website

**Fees:** Vary. Disabled pay 50% of the regular fare. Daily fare MetroBus - \$2.00 (with multiuse transfer \$2.75), MetroLink one ride \$2.25, Weekly pass - \$23.50, book of 10 \$27.50, monthly pass \$68.00

**Description of Services:** St. Louis metropolitan region’s public transportation system.

### **Medicaid Medical Transportation**

#### **Aetna Better Health of Missouri**

(800) 566-6444

[www.aetnabetterhealth.com/missouri](http://www.aetnabetterhealth.com/missouri)

**Hours of operation:** Dependent on appointment

**Description of Services:** Offers non-emergency medical transportation to members. Must call to schedule at least 3 days in advance.

#### **Harmony Health Plan of Missouri**

(866) 745-6714

[www.harmonyhpm.com](http://www.harmonyhpm.com)

**Hours of operation:** 24 hours

**Description of Services:** Offers free non-emergency medical transportation for those with Harmony Health Plan. Must call to schedule at least 2 days in advance.

#### **Healthcare USA**

(800) 688-3752

[www.chhcusa.com](http://www.chhcusa.com)

**Hours of operation:** Dependent on appointment

**Description of Services:** Offers free non-emergency medical transportation for those with Medicaid. Must call to schedule at least 5 days in advance.

#### **Home State Health Plan**

(888) 561-8747 or (855) 694-4663

[www.homestatehealth.com](http://www.homestatehealth.com)

**Hours of operation:** Dependent on appointment

**Fees:** Free with Home State Health Plan

**Description of Services:**

#### **Molina Healthcare**

(888) 867-9115

[www.molinahealthcare](http://www.molinahealthcare)

**Hours of operation:** 24 hours

**Description of Services:** Offers free non-emergency medical transportation for those with Medicaid. Must call to schedule at least 5 days in advance.



## Medicaid Medical Transportation (con't)

### Straight Medicaid

(866) 269-5927

**Hours of operation:** 8:00 am – 5:00 pm

Mon-Fri

**Description of Services:** Offers free non-emergency medical transportation for those with Medicaid. Must call to schedule at least 3 days in advance.

### Surrounding Counties

#### MO Rides

(636) 359-4656

<http://www.morides.org>

**Hours of operation:** Mon-Fri 8:00 am – 4:30 pm

**Fees:** There is no fee to call MO Rides for assistance.

**Description of Services:** MO Rides referral service works with transportation providers to coordinate affordable rides for people with transportation challenges. MO Rides referral service serves Franklin, Lincoln, Montgomery, St. Charles, and Warren counties. MO Rides will assist you in finding the most affordable public transportation options to meet the customer's specific needs.

#### JeffCo Express

(636) 465-0983

<http://jeffcoexpress.org>

**Hours of operation:** Office hours: Mon-Fri 7:00 am – 5:30 pm, Cross County 7:00 am – 7:00 pm, Arnold Route 6:30 am – 6:00 pm

**Fees:** One way bus fare \$2 (Seniors 60+ and Customers with disabilities \$1). Deviated Fixed Route – One way ride \$4 (Seniors 60+ and Customers with disabilities \$2) JeffCo Express 10 Ride Pass \$20 (Seniors 60+ and Customers with disabilities \$10). JeffCo Express Monthly Pass \$40 (Seniors 60+ and Customers with disabilities \$20). Children 2 and under ride free. If a customer with a disability requires an escort to travel, the escort rides for free. Call or visit their website for the Seniors Discount Application and the Disability Discount Application.

#### The LINC Connecting Lincoln County – Operated by OATS

(866) 261-5462 or (636) 528-2831

**Hours of operation:** Office open M-F 9:00 am – 11:30 am & 12:30 pm – 3:00 pm

**Fees:** \$2 each time a passenger boards the vehicle. Will transport to Montgomery, Warren St. Charles, St. Louis County and City for Medical appointments. \$10 round trip, \$6 one way

**Description of Services:** Provides public transportation for all residents of Lincoln County regardless of age or income. Must call 1 day to 4 weeks in advance, must fill out a form to register to use the

system. Must not be eligible for Medicaid transportation. Required 1 week advance notice. Non-emergency only.

### SCAT Transit System

(636) 949-3364

**Description of Services:** Routes run Mon-Fri. Serves the City of St. Charles as well as to the MetroLink North Hanley Station. Anyone wishing to be picked up or dropped off of a fixed/deviation route must notify the city 24 hours in advance by calling the number above.

### Cabs

All cabs charge \$1.00 for each additional passenger.

#### ABC Checker Cab

(314) 725-2111

[www.abccabco.net](http://www.abccabco.net)

**Fees:** \$2.50 pickup & \$1.70 per mile

#### County & Yellow Cab

(314) 993-8294

[www.stlouiscountycab.com](http://www.stlouiscountycab.com)

**Fees:** \$2.50 pickup & \$1.70 per mile

#### Harris Cab Co.

(314) 371-7111

**Fees:** \$2.50 pickup & \$2.00 per mile

#### Laclede Cab

(314) 652-3456

[www.lacledecab.com](http://www.lacledecab.com)

**Fees:** \$2.50 pickup & \$1.70 per mile

#### Midwest Cab Co.

(314) 773-1000

**Fees:** \$2.00 pickup & \$2.00 per mile

#### St. Louis American Cab

(314) 531-8766

**Fees:** \$2.50 pickup & \$2.00 per mile

### Low-Income Automotive Needs

#### St. Vincent de Paul (SVDP) Auto Repair

(314) 881-6028

St. Vincent de Paul Society partners with CarQuest and some area automotive centers to provide a voucher system for clients to receive auto repairs at a greatly reduced cost

#### SVDP Automobile Program

(314) 881-6028

Provides automobiles to people who need to secure employment, take family members to medical appointments and generally improve their lives. Qualified clients are referred by a local church's St. Vincent de Paul Society conference and must have both need and the ability to maintain a car.



**BIDDLE HOUSING**  
**OPPORTUNITIES CENTER**

Effective **August 1, 2018** Community Services will end and Biddle House will only service *current* Biddle Shelter Residents.

The facility will remain open 24-hours per day AND services and meals will be provided to Biddle House Shelter residents only. The new Biddle House Opportunities Center operator will begin on October 1, 2018.

❖ **Seven Days a Week – Biddle will be open for current Biddle Shelter Residents.**

- Breakfast will be served at 7:00 am **for current Biddle Shelter Residents.**
- Lunch will be served at 12:00 pm **for current Biddle Shelter Residents.**
- Dinner will be served at 5:00 pm **for current Biddle Shelter Residents.**

❖ **If you or someone you know is homeless or at risk, here is what to do:**

- If it is an emergency, **call 9-1-1.**
- If you are homeless, **call the Housing Helpline at (314) 802-5444**
- If you are experiencing homelessness and need help, go to the St. Patrick Center Welcome Center (side entrance) at 800 N. Tucker Blvd. to meet with a specialist.
- All intakes and assessments are conducted at St. Patrick Center. No appointment is necessary.
  - Morning discovery sessions begin at 8:00 am
  - Afternoon discovery sessions begin at 1:00 pm
  - Weekend discovery sessions begin at 9:30 am
- If you are at risk of becoming homeless, call the United Way at 2-1-1 or call (800) 427-4626
- St. Patrick Center serves lunch to the community at noon seven days a week in the Shamrock Club. Enter through the side entrance at 800 N. Tucker Blvd.

## St. Louis City Meal Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>		Trinity Lutheran Church, 9:00	Trinity Lutheran Church, 9:00	Trinity Lutheran Church, 9:00	Destiny Family Church, 7:00  Trinity Lutheran Church, 9:00	Trinity Lutheran Church, 9:00	Christ Church Cathedral, 7:30  Trinity Lutheran Church, 9:00
<b>Lunch</b>	Missionaries of Charity, 10:00  St. Vincent DePaul, 11:00  St. Patrick Center, 12:00	Missionaries of Charity, 10:00  St. Vincent DePaul, 11:00  Destiny Family Church, 12:00  St. Patrick Center, 12:00	Missionaries of Charity, 10:00  St. Vincent DePaul, 11:00  Central Baptist Church, 12:0  St. Patrick Center, 12:00	Missionaries of Charity, 10:00  St. Vincent DePaul, 11:00  Destiny Family Church, 12:00  Dream Center, 12:00  Pilgrim Congregational Church, 12:0  St. Patrick Center, 12:00	St. Vincent DePaul, 11:00  Destiny Family Church, 12:00  St. Patrick Center, 12:00	Missionaries of Charity, 10:00  St. Vincent DePaul, 11:00  St. Patrick Center, 12:00	Missionaries of Charity, 10:00  St. Vincent DePaul, 11:00  Destiny Family Church, 12:00  St. Patrick Center, 12:00
<b>Dinner</b>	Peter & Paul (2 <sup>nd</sup> thru 21 <sup>st</sup> of every month, 5:00  St. Vincent DePaul (22 <sup>nd</sup> thru 1 <sup>st</sup> of every month, 5:00	Peter & Paul (2 <sup>nd</sup> thru 21 <sup>st</sup> of every month, 5:00  St. Vincent DePaul (22 <sup>nd</sup> thru 1 <sup>st</sup> of every month, 5:00	Peter & Paul (2 <sup>nd</sup> thru 21 <sup>st</sup> of every month, 5:00  St. Vincent DePaul (22 <sup>nd</sup> thru 1 <sup>st</sup> of every month, 5:00	Peter & Paul (2 <sup>nd</sup> thru 21 <sup>st</sup> of every month, 5:00  St. Vincent DePaul (22 <sup>nd</sup> thru 1 <sup>st</sup> of every month, 5:00	Peter & Paul (2 <sup>nd</sup> thru 21 <sup>st</sup> of every month, 5:00  St. Vincent DePaul (22 <sup>nd</sup> thru 1 <sup>st</sup> of every month, 5:00	Peter & Paul (2 <sup>nd</sup> thru 21 <sup>st</sup> of every month, 5:00  St. Vincent DePaul (22 <sup>nd</sup> thru 1 <sup>st</sup> of every month, 5:00	Peter & Paul (2 <sup>nd</sup> thru 21 <sup>st</sup> of every month, 5:00  St. Vincent DePaul (22 <sup>nd</sup> thru 1 <sup>st</sup> of every month, 5:00

## St. Louis City Meal Schedule

Agency Name	Address	Meal Days and Times	Location
Central Baptist Church	2843 Washington Ave	Lunch Tuesdays 12:00 pm	Central
Christ Church Cathedral	1210 Locust St	Breakfast Saturdays 7:30 am	Central
Destiny Family Church	4001 Cottage Ave	Breakfast Thursdays 7:00 am  Lunch: Mon, Wed, Th & Sat 12 pm	North City
Dream Center	4324 Margaretta Ave	Lunch Wednesdays 12:00 pm	North City
Missionaries of Charity	2500 N Spring	Lunch every day but Thursdays 10:00 am	North City
Peter and Paul	711 Allen Ave	Dinner Monday-Friday 5:00 pm (2 <sup>nd</sup> thru 21 <sup>st</sup> of every month only)	South City
Pilgrim Congregational Church	826 N Union Blvd	Lunch Wednesday 12:00 pm	Northwest
St. Patrick Center	800 N Tucker Blvd	Lunch every day 12:00 pm	Central
St. Vincent DePaul	1408 S 10 <sup>th</sup> St	Lunch every day 11:00 am  Dinner every day 5:00 pm (22 <sup>nd</sup> thru 1 <sup>st</sup> of every month ONLY)	South City
Trinity Lutheran Church	812 Soulard St.	Breakfast Monday thru Saturday 9:00 am	South City

## **PEPPERTREE APARTMENTS**

2111 Bellevue Apt. E, Maplewood MO 63143

Contact hours are Monday-Friday 10:00 am - 4:00 pm

Please call (314) 624-4515 for assistance

- One (1) Bedroom Units only
- 12 month, 6 month and 3 month leases available
  - Rent: 12 months - \$530.00
  - 6 months - \$550.00
  - 3 months - \$750.00
- Affordable Security Deposit - \$300.00
- Reasonable \$30.00 non-refundable application fee
- All Electric Units
- Phone and Cable ready (High Speed Internet Available)
- Large walk-in closets
- Water, Sewer and Trash (Paid by Management)
- On-Site Laundry Facility
- Lighted off-street parking
- Appliances Included (stove and refrigerator)
- Pet Friendly (with restrictions and \$300 Pet Deposit)

**Close to public transportation, Metro Link, Highways 64/40 and 44  
Peppertree Apartments are centrally located in the heart of beautiful Maplewood, and within  
walking distance of the auspiciously thriving Maplewood Loop District on Manchester.  
We welcome you to consider making Peppertree Apartments your new home.**

### **APPLICATION AND SELECTION CRITERIA ATTACHED**

## Rental Properties

### **S.F. Shannon**

<https://sfshannon.com/>

Office: (314) 367-1106

P.O. Box 4675

St. Louis, Missouri 63108

E-mail: [info@sfshannon.com](mailto:info@sfshannon.com)

### **Deca Realty Company**

<https://decarealty.com/>

Office: (314) 631-3306

Fax: (314) 631-6680

9630 Gravois Rd.

St. Louis, MO 63123

E-mail: [deca@decarealty.com](mailto:deca@decarealty.com)

### **Eaton Properties**

<http://www.eatonproperties.com/>

Office: (636) 939-3808

Fax: (636) 441-3952

3828 Old Hwy 94 S

St Charles, MO 63304

### **Eichelberger Property Management**

<http://www.epmstl.com/>

Phone: (314) 752-3570

Fax: (314) 752-3474

5825 Gravois Ave.

Saint Louis, MO 63116

### **Efthim Company Realtors**

<https://www.efthimcompany.com/>

Phone: 314-781-0010

Fax: 314-781-8339

3605 Watson Road

Saint Louis, MO 63109

Email: [ecr@efthimcompany.com](mailto:ecr@efthimcompany.com)

### **The Regency at St Louis Apartments**

(Formerly Warwood)

<https://www.regencystlouis.com/>

Phone: (314) 361-3445

Fax: (314) 361-3448

1610 North Kings Highway Blvd

St. Louis, MO 63113

E-mail: [info@regencystlouis.com](mailto:info@regencystlouis.com)

### **Reconnect Real Estate**

<https://www.findstlouis homes.com/>

Phone: (314) 771-4222

Fax: (314) 601-3400

5223 S Grand Blvd.

St. Louis, MO 63111

E-mail: [admin@reconnectrealty.com](mailto:admin@reconnectrealty.com)

### **Neighborhood Gardens Apartment**

<https://downtownstl.org/place/neighborhood-gardens/>

Phone: (314) 655-1005

1204 N 8th St

St. Louis, MO 63106

### **Fisher & Co. Real Estate**

<https://www.fisherandco.com/>

Phone: (314) 361-9700

Fax: (314) 361-9705

5219 Chippewa St

Saint Louis MO 63109-2355

### **Grant School Apartments**

<https://www.cohenesrey.com/>

Phone: (314) 773-7368

3009 Pennsylvania Ave

St. Louis, MO 63118

### **O'Fallon Place (Preservation Square)**

<https://www.oakshireseniorapts.com/>

Phone: (314) 421-6387

1405 N 16th St

St. Louis, MO 63106

### **Motels:**

#### **Chippewa Motel**

(314) 962-7020

7880 Watson Rd,

St. Louis, MO 63119

#### **Duplex Motel St. Louis**

(314) 961-1361

7898 Watson Rd #5435

Webster Groves, MO 63119

**Motels (cont):**

**Wayside Motel**

(314) 961-2324  
7800 Watson Rd  
St. Louis, MO 63119

**Grand Motel**

(314) 534-9164  
2534 N Grand Blvd  
St. Louis, MO 63106

**Carousel Motor Hotel**

(314) 383-1626  
3930 N Kingshighway Blvd  
St. Louis, MO 63115

**Mark Twain Hotel**

(314) 421-2980  
205 N 9th St  
St. Louis, MO 63101

**St. Francis Xavier (College) Church**

**Outreach Office**

Basement of Parish Center  
3628 Lindell Blvd  
St. Louis, MO 63108

Hours: Tuesday and Wednesday Mornings  
Arrive before 9:00 am  
First Come – First Served

Services:

- Assistance with birth certificates and state ID's for St. Louis Area Residents
- Personal Toiletry Kits
- Legal Clinic: **3<sup>rd</sup> Wednesday of the month only**

**Legal Advice Clinic Guidelines**

- Free legal advice every 3<sup>rd</sup> Wednesday of the month at 9:00 am. First come – first served
- Must meet low-income eligibility requirements
- This is an advice only clinic. The attorneys will not be able to represent you or handle your case further, but will make every attempt to answer your questions, explain matters to you, let you know what you need to do and try to point you in the right direction.

The Legal Clinic is the only time an attorney is available. We cannot provide legal advice by phone or outside of these hours.

Utility and Rent Assistance – St. Louis City and County

Agency/Site Name	Assistance Provided				Address/Phone	Funding Eligible for Residents of:
	Utility	Rent	Mort-gage	Weather-ization		
Cardinal Ritter Senior Services	X				7601 Watson Rd, St. Louis, MO 63119 <b>(314) 961-8000</b>	STL City, Age 60+, Disconnect notice or utility is off
Community Action Agency of St. Louis County (CAASTL)	X	X	X	X	2709 Woodson Rd. Overland, MO 63114 <b>(314) 863-0015</b>	STL County only, except Wellston. Must meet LIHEAP eligibility requirements. Includes MO American Water Assistance
Crisis Nursery	X				City Outreach Center 2401 N Grand Blvd. St. Louis, MO 63106 <b>(314) 533-6900</b>	Active clients in the Follow-Up Program
Doorways/Interfaith Residence	X	X	X		4385 Maryland Ave, St. Louis, MO 63108 <b>(314) 535-1919</b>	HIV+ & existing clients only
Energy Care				X	2758 Wyoming, St. Louis, MO 63118 <b>(314) 773-5900</b>	STL City & County *Seniors over 60 or children under 5 in household OR chronically ill or disabled. *Must meet LIHEAP eligibility requirements
Franciscan Connection	X				2903 Cherokee St, St. Louis, MO 63118 <b>(314) 773-9027</b>	63118 and parts of 63111
Guardian Angel Settlement Association	X				2700 Cherokee St., St. Louis, MO 63118 <b>(314) 773-9027</b>	63104 and 63118
Hope Hotline			X		<b>(888) 995-4673</b>	Helps clients facing foreclosure or who are behind on mortgage
Jewish Family & Children's Services	X	X			10950 Schuetz Rd St. Louis, MO 63146 <b>(314) 993-1000</b>	Available to Jewish clients only
Kirk Care, Inc.	X	X			P.O. Box 220652, Kirkwood, MO 63122 <b>(314) 965-0406</b>	Kirkwood R-7 School District boundaries



Utility and Rent Assistance – St. Louis City and County

Agency/Site Name	Assistance Provided				Address/Phone	Funding Eligible for Residents of:
	Utility	Rent	Mort-gage	Weather-ization		
Lutheran Family & Children's Services	X				8631 Delmar Blvd, St. Louis, MO 63124 <b>(314) 787-5100</b>	Only help clients of Family & Children's Services
Lutheran Senior Services	X				1150 Hanley Ind. Ct, St. Louis, MO 63144 <b>(314) 446-2475</b>	60+ or 50+ w/disability. Referring agency should call.
Metropolitan Sewer District (MSD)	X Sewer Only				2350 Market St. St. Louis, MO 63103 <b>(866) 281-5737</b>	Low Income Sewer Relief Program for single family homeowners. Apply on MSD website
Mid-East Area Agency on Aging	X				14535 Manchester Rd St. Louis, MO 63011 <b>(636) 207-1323</b>	For seniors (60+) in St. Louis, Jefferson, Franklin & St. Charles counties. Does not include St. Louis City.
Our Lady of Perpetual Help	X				4335 Warne Ave St. Louis, MO 63107 <b>(314) 524-2710</b>	Parts of 63107, 63115, 63147 Will pay last \$50
PAKT	X				500 Airport Rd. Ferguson, MO 63135 <b>(314) 524-2710</b>	63043, 63044, 63074, 63114, 63121, 63130, 63132, 63133, 63134 & 63140
Paraquad	X	X	X		5240 Oakland Ave St. Louis, MO 63110 <b>(314) 289-4200</b>	For those with disabilities that have been active clients at least 30 days. St. Louis City/County
Patch Neighborhood Center	X				7925 Minnesota Ave, St. Louis, MO 63111 <b>(314) 638-0150</b>	63111
People's Community Action Corp. (Central City)	X				2012 Martin Luther King Blvd, St. Louis, MO 63106 <b>(314) 269-5210</b>	63101, 63102, 63103, 63104, 63106, 63107 & 63108

Utility and Rent Assistance – St. Louis City and County

Agency/Site Name	Assistance Provided				Address/Phone	Funding Eligible for Residents of:
	Utility	Rent	Mort-gage	Weather-ization		
People’s Community Action Corp. (North City & Wellston)	X				4236 Lindell Blvd, Ste. 300 St. Louis, MO 63108 <b>(314) 862-6270</b>	63112, 63113, 63115, 63120, 63133 (Wellston only), 63136 (City only), 63147
People’s Community Action Corp. (South City)	X				1401 LaSalle St. St. Louis, MO 63104 <b>(314) 241-8319</b>	63109, 63110, 63111, 63116, 63118 & 63139
People’s Community Action Corp. (Downtown & South City)	X				6827 S. Broadway, St. Louis, MO 63111 <b>(314) 353-1457</b>	63104
St. Augustine Catholic Church	X	X			1371 Hamilton Ave. St. Louis, MO 63112 <b>(314) 385-1934</b>	Last \$50. Must bring \$25 money order to parish to receive assistance
St. Louis Connecting & Assisting Neighborhoods	X				1371 Hamilton Ave. St. Louis, MO 63112 <b>(314) 385-1934</b>	63107, 63115, 63120 & 63136. Need disconnect notice/last dollars
St. Francis Community Services (Formerly Catholic Charities Mid-Town Center)	X	X			1202 Boyle Ave, St. Louis, MO 63110 <b>(314) 534-1180</b>	63110 and part of 63104
St. Francis Community Services (Formerly Catholic Charities Southside Center)		X			4172 Delor St. St. Louis, MO 63116 <b>(314) 773-6100</b>	Rent only on a case by case basis for residents in 63116
St. Louis Effort for AIDS	X				1027 S Vandeventer Ave, St. Louis, MO 63110 <b>(314) 645-6451</b>	AIDS or HIV+ Only. Must go through case management
St. Patrick Center	X	X	X		800 N Tucker Blvd, St. Louis MO 63101 <b>(314) 802-0700</b>	Last \$100 for STL City residents ONLY. Must be 30 days delinquent on rent
Society of St. Vincent De Paul (SSVDP)	X	X	X		Call United Way 2-1-1 to find a SSVDP parish based conference near you	

Utility and Rent Assistance – St. Louis City and County

Agency/Site Name	Assistance Provided				Address/Phone	Funding Eligible for Residents of:
	Utility	Rent	Mort-gage	Weather-ization		
Salvation Army Gateway Corps	X				824 Union Rd St. Louis, MO 63123 <b>(314) 631-1133</b>	63026, 63023, 63123, 63126, 63127, 63128 63129
Salvation Army Euclid Corps	X				2618 N Euclid Ave, St. Louis MO 63113 <b>(314) 531-5621</b>	63106, 63107, 63108, 63112, 63113, 63115 & 63147
Salvation Army Maplewood Corps	X				7701 Rannells Ave, St. Louis, MO 63143 <b>(314) 781-5434</b>	63011, 63021, 63025, 63038, 63088, 63105, 63117, 63119, 63122, 63131, 63143 & 63144
Trinity Lutheran Church	X	X	X		1805 S. 8 <sup>th</sup> St. St. Louis, MO 63104 <b>(314) 231-4092</b>	Last \$50 for utilities in 63104 Call Mon-Fri 9am-12pm
The Urban League Grandel Square	X	X	X	X	3701 Grandel Square St. Louis, MO 63108 <b>(314) 615-3600</b>	STL city residents only. Must meet specific income guidelines.
The Urban League St. Louis County Operations	X	X	X		8960 Jennings Sta. Rd, St. Louis, MO 63136 <b>(314) 388-9840</b>	County residents only.
Webster Rock Hill Ministries	X				111 Waymire Ave, Webster Groves, MO 63119 <b>(314) 961-5082</b>	Serves 63119. Limited to Webster Groves & Rock Hill residents or Church Members. Call Mon-Fri 9am-12pm

## **DO NOT LET UNPAID BILLS ACCUMULATE. SEEK HELP EARLY**

- Call a social service agency in your area to see if they have an assistance program, such as your church, the Catholic Church, Salvation Army or United Way. Call them weekly or as suggested.
- Understand how and why you were short this month.
- See if you qualify for additional services, such as area Food Pantries. This may free up money for rent and utilities.

When you require assistance, most agencies will need:

- Proof of income and monthly expenses
- Proof of address, such as Photo ID and copy of current bill

### **TIPS:**

- **PLAN AHEAD.** Consider budget billing and ask utility companies if you qualify for any low-income or special programs.
- Pay your bills on time to avoid late fees.
- In the summer, set your thermostat as high as comfortably possible. The less difference between the indoor and outdoor temperatures, the lower your overall cooling bill will be. Try setting it at 78°.
- Using fans can help create an air flow that will make your home more comfortable. If you use an air conditioner, a ceiling fan will allow you to raise the thermostat setting about 4° with no reduction in your comfort.
- If your air conditioner is old, consider purchasing a new, energy-efficient model. You could save up to 50% on your utility bill for cooling. Look for the ENERGY STAR® and EnergyGuide labels.
- Limit the use of your oven in the summer months. Use lids when cooking.
- Don't place lamps or TV sets near your air-conditioning thermostat. The thermostat senses heat from these appliances, which can cause the air conditioner to run longer than necessary.
- While running the air conditioner, keep the window coverings closed during the day to keep out direct sunlight.
- In the winter, keep the draperies and shades on your south facing windows open during the day to allow the sunlight to enter your home and closed at night to reduce the chill you may feel from cold windows.
- In the winter, set your thermostat as low as is comfortable when home. By resetting your programmable thermostat from 72 degrees to 65 degrees for eight hours a day (for instance while no one is home or while everyone is tucked in bed) you can cut your heating bill by up to 10 percent.

- Weatherize your home – caulk and weather-strip any doors and windows that leak air. In the winter, use heavy plastic on windows to keep out drafts.
- Replace furnace filters regularly. Keep equipment clean.
- Turn off your computer and monitor when not in use.
- Consider air-drying clothes on clotheslines or drying racks.
- Lower your water heater's thermostat to WARM/LOW or set at 120°. Your water heater accounts for 14% of your utility bill.
- Clean the lint filter in the dryer after every load. Periodically inspect your dryer vent to ensure it is not blocked.
- Consider a simple budget for your household. Evaluate expenses and set priorities. (Examples: Free TV vs Cable or Satellite; one telephone line vs land-line AND cell phone)



## FREE GOVERNMENT CELL PHONE

### WHO IS ELIGIBLE?

There are multiple ways to qualify for the Lifeline Program.

- Alimony Decree
- Child Support Decree
- HUD Housing
- Low Income (Verified by W2)
- Medicaid
- Section 8/HUD Housing
- SNAP (Supplemental Nutrition Assistance Program – Formerly Food Stamps)/EBT
- SSI Award Letter
- Veteran's Pension
- Widows Pension

### **Must bring legal, valid ID and proof**

500 MINUTES – UNLIMITED TEXTS – 1GB DATA

For more information and/or to set up appointments, ask for Edward (314) 270-2292 or email: [thapeoplewireless@gmail.com](mailto:thapeoplewireless@gmail.com)



[www.startherestl.com](http://www.startherestl.com)

- CLOTHING/HOUSEHOLD
- FOR DADS
- DISABILITY
- DOMESTIC VIOLENCE
- DROP-IN CENTERS
- EMPLOYMENT & TRAINING
- FOOD PROGRAMS & PANTRIES
- HOUSING: SHELTERS FOR MEN
- HOUSING: SHELTERS FOR WOMEN
- HOUSING
- IMMIGRANT SERVICES
- LEGAL SERVICES
- LGBTQ
- MEDICAL
- MENTAL HEALTH
- MONEY MATTERS
- OUTSTATE RESOURCES
- RE-ENTRY
- STREETWISE
- SUBSTANCE ABUSE TREATMENT for VETERANS
- YOUTH SERVICES
- MISCELLANEOUS
- PHONE NUMBERS